

# Emergency Chart

Vital Signs		First Aid Kit	
<i>Adult Horse:</i>			
Temperature:	99.5-101.5F	Stethoscope	Thermometer
Heart Rate:	32-44 beats/min	Scissors	Hemostat
Respiratory Rate:	6-16 breaths/min	4x4 Gauze	6" Gauze Roll
Mucous Membrane Color:	Pale Pink	Vet Wrap	Elastikon Tape
Capillary Refill Time:	1-2 seconds	Ophthalmic Ointment	Telfa Pads
Gut Sounds:	Always Present	Light	Duct Tape
<i>Foals:</i>		Salt	Plastic Bowl
Temperature:	Increases the first four days, then plateaus at 100-102 F	Water-soluble antibacterial ointment	
Heart Rate:	60-110 beats/min	Antiseptic soap (Betadine Scrub)	
Respiratory Rate:	25-60 breaths/min	Antiseptic solution (Betadine)	
		Sheet or Roll Cotton	
		Medication (if possible) – SMZ's, Phenylbutazone or Banamine	

## Basic First Aid

<p><i>Lacerations:</i></p> <ul style="list-style-type: none"> <li>- Control hemorrhage – bandage or direct pressure</li> <li>- Clean contaminated wounds with clear water, antiseptic soap</li> <li>- Control swelling – bandage</li> <li>- Attention to punctures</li> </ul> <p><i>Colic:</i></p> <ul style="list-style-type: none"> <li>- Mild to moderate pain – obtain vital signs then call for assistance/advice</li> <li>- No food – walk 10-15 minutes, rest 30 minutes</li> <li>- Severe or unrelenting pain – call NOW</li> </ul>	<p><i>Lameness:</i></p> <ul style="list-style-type: none"> <li>- Look for heat and swelling</li> <li>- Apply cold 20-30 minutes</li> <li>- Minimize swelling, support and immobilize with a bandage</li> <li>- Nothing apparent – it's in the foot until proven otherwise</li> </ul> <p><i>Eye Problem:</i></p> <ul style="list-style-type: none"> <li>- Clean/flush with saline or water</li> <li>- Cold compress if swollen</li> <li>- Antibiotic ophthalmic ointment</li> <li>- Call for assistance/advice</li> </ul>
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